

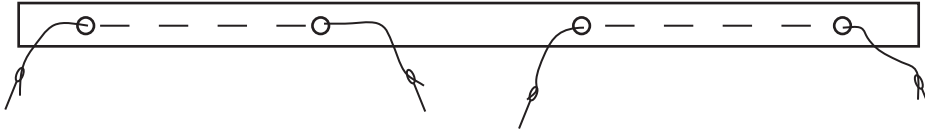
Ethiopian-Style Sewn Board Binding (continued)

Sewing

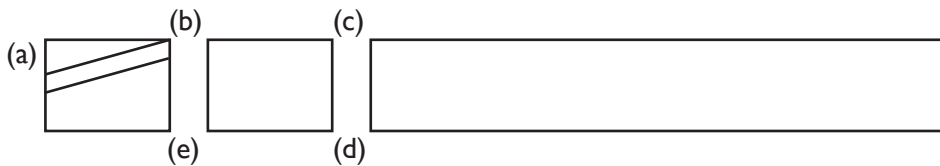
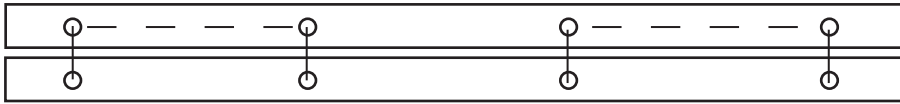
1. Measure two pieces of thread, one arms' length each
2. Thread both ends of each piece of thread through needle



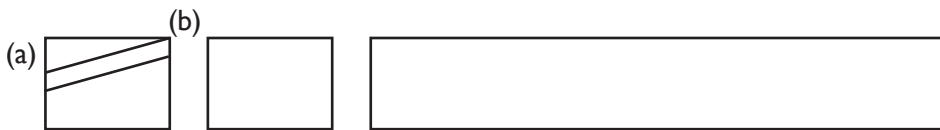
3. Starting on the inside of the last section, pull each needle through its station



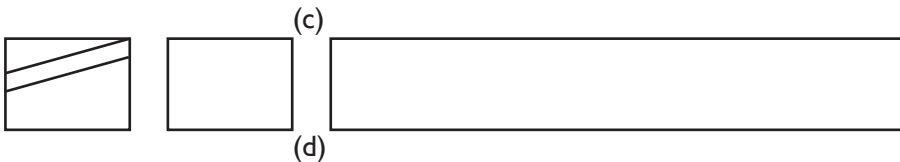
4. Attach the back board as follows



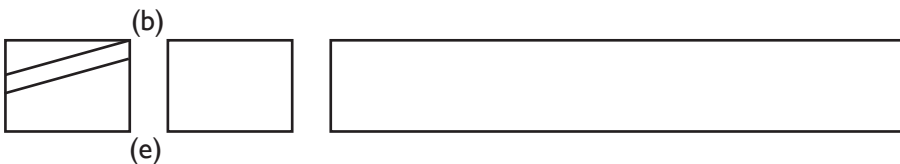
- A. Enter the channel at the edge of the board (a) and exit on the outside of the board (b)



- B. Lace into the next hole (c) and thread to the inside of the board (d)



- C. Enter the next sewing station on the inside of the board (e) and exit on the outside of the board (b)



- D. Repeat steps B & C (optional step that makes the sewing a bit stronger)

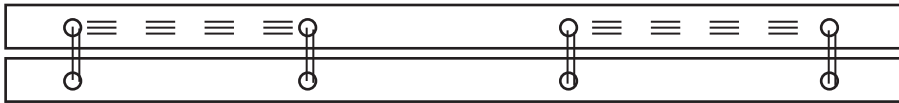
- E. Enter the sewing station you just exited (b) and exit the channel at the edge of the board (a)



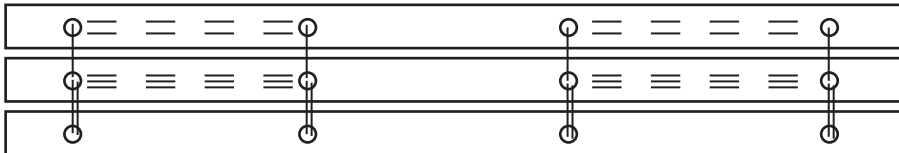
Ethiopian-Style Sewn Board Binding (continued)

Sewing (continued)

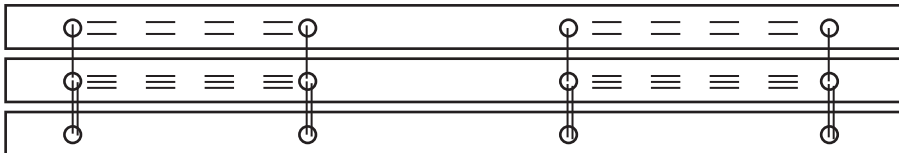
5. Re-enter the last section, cross threads in the gutter and exit the section



6. Add the next section, enter the section, cross threads in the gutter and exit the section



7. Link between the last section and the board



10. Repeat steps 6 & 7, linking each time between the previous two sections, until you are ready to add your front board

11. Attach the front board just as you attached the back board

12. Link between the two previous sections

13. Re-enter the first section and tie two square knots